

Slovak Association of Chinese Wushu, Ladislava Dérera 35, Bratislava, Slovakia,  
[email@wushuslovakia.sk](mailto:email@wushuslovakia.sk) [www.wushuslovakia.sk](http://www.wushuslovakia.sk)



Slovak Association of Chinese Wushu and School of Chinese Wushu

invite you to

## Slovak Wushu Championship 2019

/Open competition/

(Modern wushu, Traditional wushu, Taijiquan, Qingda)

**4th of May 2019, Bratislava, Slovakia**

Organization committee chairman: Ľubomír France

Head judge: Michal Adamowicz

### Propositions

#### 1. Date and place

4 <sup>th</sup> of May 2019	7:00 - 8:00	Weight check and registration
	8:30 - 9:00	Technical meeting of organizers, judges and trainers
	9:00 - 9:15	Opening ceremony
	9:30 - 17:00	Competition
	17:30 - 18:00	Announcement of results, giving prices

**Place:** Gymnasium Športová hala Elán, Bajkalská 7, Bratislava, Slovakia

#### 2. Participants

The competition is open; all wushu organizations are invited to participate. There is no limit for the number of competitors from one team/school.

#### Teams need to bring:

- Final registration forms
- Waiver of liability (specifically for each participant)
- Medical certificate from a doctor for Quinda, not older than 60 days

### 3. Registration

Online registration closes on April 21, 2019. Request credentials for online registration by April 20, 2019 at: [taolusk@gmail.com](mailto:taolusk@gmail.com) and CC [wushusutaz@gmail.com](mailto:wushusutaz@gmail.com)

Registration fee is 15 EUR for one category; for more categories the fee is 20EUR.

All members of the Slovak Association of Chinese Wushu have a discount on registration fee. Registration for members of Slovak Association of Chinese Wushu is 10 euro for one start, 15 euro for multiple starts.

The registration fee is to be paid during the registration on 4<sup>th</sup> of May 2019 from 7:00 to 8:00. The organizer has the right to refuse online registrations due to capacity reasons (this rule does not apply to Slovak clubs). Information and data in registration form cannot be changed after the official registration time is over. The paid registration fee does not cover insurance of competitors.

**Note:**

**Competitors can sign up to a maximum of four categories.** Competitors are grouped by age, where the competitors can only enter the age category, to which they belong or higher. It is not possible to compete in two age groups in the same category. Competitors starting in the Beginners Group cannot participate in other groups.

### 4. Competition rules (taolu)

Competition will be held according to IWUF Rules for International Wushu – Chapter 3 and 4 with adjustments defined by Slovak Association of Chinese Wushu. Competition will be judged by the head judge, two or three judges (2-3) in **group A**, who evaluate quality of movements, and two or three judges (2-3) in **group B**, who evaluate overall performance. The Nandu movements (group C) will not be judged. **The final score is the average of scores from judges in group A and B. Pursuant to official competition rules, the head judge can adjust the final score.** The judges will be chosen by Slovak association of Chinese Wushu based on nominations from individual wushu schools (clubs) and Slovak association of Chinese Wushu itself.

For modern wushu, competition protocol according to the IWUF Rules for International Wushu is in place. Judges can allow exceptions, especially concerning clothing in beginner groups. For traditional wushu, competitors wear long trousers and top of their choice. For all taolu categories, shoes are obligatory.

Competition area for modern wushu and Taiji will be 14\*8 m (carpet laid over tatami). Competition area for traditional categories will be tatami or carpet.

If the number of competitors is small, organizers can combine similar categories. If the number of competitors is high, organizers can further divide categories based on style. One competitor can compete in maximum four categories.

### 5. Competition categories

#### MODERN WUSHU - A

##### 1st group - Senior categories (18 years and older)

- a) Chang quan (5 duan, 1st, 2nd and 3rd set of International Competition Routine or optional Routine)
- b) Daoshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)

- c) Jianshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- d) Qiangshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- e) Gunshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- f) Nanquan (1st, 3rd set of International Competition Routine or optional Routine)
- g) Nandao (1st, 3rd set of International Competition Routine or optional Routine)
- h) Nangun (1st, 3rd set of International Competition Routine or optional Routine)
- i) Taiji quan 24, optional taiji fist routine
- j) Taiji sword (jian) 32, optional taiji sword routine

**2nd group – Junior categories (15-17 years)**

- a) Chang quan (5 duan, 1st, 2nd and 3rd set of International Competition Routine or optional routine)
- b) Daoshu (1st, 2nd, 3rd set of International Competition Routine or optional routine)
- c) Jianshu (1st, 2nd, 3rd set of International Competition Routine or optional routine)
- d) Qiangshu (1st, 2nd, 3rd set of International Competition Routine or optional routine)
- e) Gunshu (1st, 2nd, 3rd set of International Competition Routine or optional routine)
- f) Nanquan (1st, 3rd set of International Competition Routine or optional routine)
- g) Nandao (1st, 3rd set of International Competition Routine or optional routine)
- h) Nangun (1st, 3rd set of International Competition Routine or optional routine)
- i) Taiji quan 24 or optional taiji fist routine
- j) Taiji sword (jian) 32 or optional taiji sword routine

**3rd group – Junior categories (12-14 years)**

- a) Chang quan (5 duan, 1st set of International Competition Routine)
- b) Daoshu (1st set of International Competition Routine)
- c) Jianshu (1st set of International Competition Routine)
- d) Qiangshu (1st set of International Competition Routine)
- e) Gunshu (1st set of International Competition Routine)
- f) Nanquan (1st set of International Competition Routine)
- g) Nandao (1st set of International Competition Routine)
- h) Nangun (1st set of International Competition Routine)
- i) Taiji quan 24
- j) Taiji sword (jian) 32

**4th group – Junior categories (under 12 years)**

- a) Chang quan (32 form of International Competition Routine)
- b) Daoshu (32 form of International Competition Routine)
- c) Jianshu (32 form of International Competition Routine)
- d) Qiangshu (32 form of International Competition Routine)
- e) Gunshu (32 form of International Competition Routine)
- f) Nanquan (32 form of International Competition Routine)
- g) Nandao (32 form of International Competition Routine)
- h) Nangun (32 form of International Competition Routine)

**5th group – Beginner categories (under 15 years)**

- a) Wubu quan
- b) 16 movements routines

**Time limit:**

- 1st, 2nd and 3rd group – no less than 1 min. 20 seconds;
- 4th and 5th group – no time limit;
- Taiji quan 24 or optional routine – 4-6 min. Head judge whistles after 5 minutes.
- Taiji sword (jian) 32 or optional routine – 3-4 min. Head judge whistles after 3 minutes.

**TRADITIONAL WUSHU - B**

1. Group – Seniors (39 years and older)
2. Group – Seniors (18-39 years)
3. Group – Juniors (15-17 years)
4. Group – Juniors (12-14 years)
5. Group – Juniors (9-11 years)
6. Group – Juniors (up to 9 years)

**Category A: Traditional Northern styles**

- Shaolin Gongfu Quan, LianHuan Quan
- Shaolin Xiao Hong Quan
- Shaolin TongBei Quan
- Shaolin Chang Quan
- Shaolin Da Hong Quan
- Shaolin Luo Han Quan
- Other fist forms

**Category B: Traditional Southern styles**

- Traditional southern styles from Guandong, Fujian, Sichuan
- Traditional southern styles others (Hongjiaquan, ...), not Wingchun and other southern imitation styles

**Category C: Traditional Taijiquan a Taiji weapons**

- a) Yang
- b) Chen (including 56 Chen form and new 36 Chen form)
- c) Sun, Wu, Wu (Hao), other taiji styles – fist forms
- d) Taiji jian—straight sword (including new Chen taiji straight sword form)
- e) Taiji other weapons

**Category D: Imitation styles –all imitation styles**

- Houquan
- Yingzhaoquan
- Zuiquan
- Tanglangquan
- Ditangquan
- Zonghequan
- Mizongquan
- Heihuquan
- Others

### Category E: Various traditional

- a) Tongbeiquan, Fanziquan, Chuojiaoquan, Piguaquan
- b) Wudang styles (except Wudang Taijiquan, Xingyiquan and Baguazhang)
- c) Chaquan, Gongliquan, Yuejiaquan, Huaquan, Baoquan, Liuhequan, others

### Category F: Traditional internal styles

- Xingyiquan
- Baguazhang
- Bajiquan

### Category G: Traditional weapons including Shaolin weapons

- a) Dao (broadsword)
- b) Gun (staff)
- c) Jian (straight sword)
- d) Qiang (spear)
- e) Other routines with short weapons
- f) Other routines with long weapons
- g) Double weapons
- h) Flexible weapons: three-section staff, nine-section chain whip, rope dart, etc.

### Category J: Beginners – all shorts forms of traditional wushu

#### Category J: Duilian

#### ***Time limit for traditional wushu:***

- all groups – no less than 50 seconds and no more than 2 minutes;
- beginners – no time limit;
- traditional Taijiquan – 3-4 min.(with the exception of Chen taiji quan 56 form). Head judge whistles after 3 minutes.
- Taiji weapons – 4 min.

### QINGDA - C

**Age categories (limits):** 7-11 years, 12-14 years, 15-17 years, 18-35 years, over 35 years (if Juniors are built above average, they can be moved to a different category).

**Weight categories:** under 48 kg categories are created with 3 kg difference, 48-52 kg, 52-56 kg, 56-60 kg), over 60 kg categories are created with 5 kg difference

#### **Competition form:**

- For all age categories, the lap time is 2 x 2 minutes with two winning rounds, if the result is a draw, a third winning round decides the winner
- Rounds are separated by a 1 minute break
- Obligatory protection: for head, shin and foot bridge, chest, suspensor, teeth protection, closed gloves 10oz (for category under 14 years also 8oz) (not MMA type)
- Clothes: short or long trousers, T-shirt with short sleeves
- Maximum power of punch 10%, it is forbidden to attack unprotected parts of the head, directly attack sensitive areas and joints, also head-butts, kicks and punches with knees or elbows, dangerous throws, locks, fighting on the ground, etc.
- If there is insufficient number of competitors in the group, the group may be joined with the next weight category (if considered safe and confirmed)
- Competitors must have trimmed nails and keep hygiene

**Male and female competitors are competing separately in all categories. Competition is for all wushu competitors (including contact disciplines) using techniques of wushu/kungfu styles. Main rules are according IWUF and EWUF rules with changes allowed for national competitions (in age and weight categories, administrative requirements). Competition area for contact disciplines will be 8\*8 m (tatami).**

## **6. Prices**

Best three in every category will be announced and awarded with medals and certificates.

## **7. Anti-doping rules**

The competition is following general anti-doping rules of WADA and ADA SR. Information about forbidden substances and therapeutic exceptions are freely available at [www.antidoping.sk](http://www.antidoping.sk)

In case of differences/ambiguities, Slovak version shall prevail.